

## BACKGROUND INFORMATION

### Al-Anon

- is for families and friends of alcoholics
- is a separate fellowship from Alcoholics Anonymous (AA).
- is based on the Twelve Steps and Twelve Traditions adapted from AA
- Is compatible with professional treatment

### Alateen

- Alateen is part of the Al-Anon fellowship designed for the younger relatives and friends of alcoholics through age nineteen
- Members conduct their own meetings with the guidance of an Al-Anon sponsor
- Follows the same Twelve Steps, Twelve Traditions, and principles as Al-Anon

### Al-Anon/Alateen members are helped when they:

- Attend meetings on a regular basis
- Make telephone contact with other members
- Read Al-Anon/Alateen literature
- Have a sponsor
- Apply the Twelve Steps of the recovery to their lives
- Become involved in Al-Anon service work

### Al-Anon/Alateen groups do not:

- Give advice
- Indulge in gossip or criticism
- Discuss members' religious beliefs, or lack of them
- Endorse or oppose any cause, therapy or treatment

## STATEMENT OF PURPOSE

Al-Anon Family Groups, which includes Alateen, has been in existence for over 60 years as a community resource providing support to those affected by someone else's drinking. Today, there are over 26,000 Al-Anon and Alateen groups meeting in 130 countries. Our meetings are anonymous and confidential. There are no dues or fees for membership.

### AL-ANON'S SUGGESTED PREAMBLE TO THE TWELVE STEPS

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope in-order to solve their common problems. We believe alcoholism is a family illness, and that changed attitudes can aid recovery. Al-Anon is not allied with any sect, denomination, political entity, organization, or institution; does not engage in any controversy, neither endorses nor opposes any cause. There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions.

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by encouraging and understanding our alcoholic relatives, and by giving understanding and encouragement to the alcoholic.

Help is here for the asking. Please take a moment to ask yourself these questions: Are you troubled by someone else's drinking? Did you grow up with a problem drinker? If you identify with some of these statements, it is important to know that help and hope for friends and families of alcoholics is just a phone call away.

# AL-ANON FAMILY GROUPS DISTRICT 8

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PO BOX 6742  
BOZEMAN, MT 59771

**24-HOUR INFOLINE:  
406-599-8240**

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**Email: [mtdistrict8@gmail.com](mailto:mtdistrict8@gmail.com)**

**[www.alanon-bozemanarea.org](http://www.alanon-bozemanarea.org)**

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District 8 Business Meetings are held on the 2<sup>nd</sup> Monday of each month at 5:30 PM at the Fellowship Hall, 2165 Durston Road • Bozeman

### 2019 OFFICERS IN SERVICE:

DR	Katie T 406-581-4543
Alt DR	Jill 406-581-7436
Secretary	Michi 206-619-0608
Treasurer	Position Open
Public Outreach	Jackie 406-539-8985
Archivist/Web Page	Serenity 406 209-1110
Alateen	Position Open
Infoline	Janet 406-580-8245
Event Coordinator	Kevin 406-451-3893

**- UPDATED Spring 2019 -**

## **BOZEMAN**

### **MONDAY**

#### **12:00 PM – Mon./Wed. Noon AI-Anon**

Fellowship Hall  
2165 Durston Road  
Topic meeting/Handicap Access  
Contact: Henry (406) 451-3461

### **TUESDAY**

#### **12:00 PM - Tuesday Noon Lunch Bunch**

Christus Collegium  
714 South 8<sup>th</sup> Ave. (Downstairs)  
Contact: Eric (406) 570-1022

#### **5:30 PM – New Leaf Women’s AI-Anon**

#### **WOMEN’S MEETING**

Pilgrim Congregational Church  
2118 South 3<sup>rd</sup> Ave.  
Topic/Literature meeting/Handicap access  
Contact: Pam (406) 595-3851

#### **WOMEN’S BEGINNERS MEETING**

#### **5:30 PM – 2nd Tuesday of each month**

#### **New Leaf Women’s AI-Anon**

Open to all women/Directed to newcomers  
(Pilgrim Congregational Church Room #2)  
Contact: Pam (406) 595-3851

### **WEDNESDAY**

#### **12:00 PM – Mon./Wed. Noon AI-Anon**

Fellowship Hall  
2165 Durston Road  
Topic meeting/Handicap access  
Contact: Henry (406) 451-3461

#### **5:30 PM – Common Ground AFG**

Church of Christ  
1825 West Kagy (at 19<sup>th</sup>)  
Topic Meeting/ Handicap access  
Contact: Katie T (406) 581-4543

#### **7:30 PM –Virtual Alateen Meeting**

Chat.alateen.net  
Meetings last one hour, and  
are monitored by an adult  
certified AI-Anon Member  
Involved in Alateen Service

### **THURSDAY**

#### **7:00 PM – Bridger Mountain Rally Group**

Christ The King Lutheran Church  
4383 Durston Road  
Call-up/Speaker/Literature meeting  
Contact: Kenzie (406) 451-3252

### **FRIDAY**

#### **12:00 PM – Friday Noon AI-Anon**

Hope Lutheran Church  
2152 West Graf Street  
Handicap access  
Contact: Jenny T (406) 581-5612

### **SATURDAY**

#### **10:30 AM – Saturday Morning AI-Anon**

Fellowship Hall  
2165 Durston Road  
Handicap Access  
Contact: Jill (406) 581-7436

### **BEGINNERS' MEETING**

#### **9:45-10:20 AM – 4<sup>th</sup> Saturday of each month (before regular meeting)**

Room 5 at the Fellowship Hall  
Contact: Jill (406) 581-7436

### **SUNDAY**

#### **10:00 AM – Open AI-Anon Meditation**

Fellowship Hall • Big Room on the right  
2165 Durston Road  
Handicap Access  
Contact: Mona (406) 570-9992

#### **11:00 AM – Boundary Up! AFG**

Fellowship Hall • Big Room on the right  
2165 Durston Road  
Handicap Access  
Contact: Mona (406) 570-9992

## **BIG SKY**

### **THURSDAY**

#### **4:00 PM - Serenity Seekers of Big Sky**

Big Sky Chapel, downstairs  
Topic Meeting  
Contact: Hope (406) 579-8885

## **BELGRADE**

### **TUESDAY**

#### **7:30 PM – Changed Attitudes AI-Anon**

Belgrade Community Church  
119 S. Broadway  
Topic/Literature meeting  
Contact: Carol (406) 539-4856

## **GALLATIN GATEWAY**

### **FRIDAY**

#### **7:00 PM – Gallatin Gateway AI-Anon**

Gateway Community Church  
77000 Gallatin Rd  
Topic meeting • Handicap access  
Contact: Henry (406) 451-3461

## **LIVINGSTON**

### **MONDAY**

#### **5:30 PM - Park County AI-Anon**

Vince Grant Hall,  
1306 East Park Street  
12 Steps & 12 Traditions meeting  
Contact: Sheila (406) 223-4856

### **WEDNESDAY**

#### **5:00 PM - Solutions For Living AFG**

Vince Grant Hall,  
1306 East Park Street  
Contact: Sheila (406) 223-4856

### **SATURDAY**

#### **10:30 AM - Solutions For Living AFG**

Vince Grant Hall,  
1306 East Park Street  
Contact: Sheila (406) 223-4856

## **MANHATTAN**

### **THURSDAY**

#### **7:00 PM - Thursday Evening AI-Anon**

Manhattan Senior Center Community Room  
102 East Main Street  
(Use Broadway entrance, downstairs)  
Contact: Arletta (406) 209-5683