

BACKGROUND INFORMATION

Al-Anon

- is for families and friends of alcoholics
- is a separate fellowship from Alcoholics Anonymous (AA).
- is based on the Twelve Steps and Twelve Traditions adapted from AA
- Is compatible with professional treatment

Alateen

- Alateen is part of the Al-Anon fellowship designed for the younger relatives and friends of alcoholics through age nineteen
- Members conduct their own meetings with the guidance of an Al-Anon sponsor
- Follows the same Twelve Steps, Twelve Traditions, and principles as Al-Anon

Al-Anon/Alateen members are helped when they:

- Attend meetings on a regular basis
- Make telephone contact with other members
- Read Al-Anon/Alateen literature
- Have a sponsor
- Apply the Twelve Steps of the recovery to their lives
- Become involved in Al-Anon service work

Al-Anon/Alateen groups do not:

- Give advice
- Indulge in gossip or criticism
- Discuss members' religious beliefs, or lack of them
- Endorse or oppose any cause, therapy or treatment

STATEMENT OF PURPOSE

Al-Anon Family Groups, which includes Alateen, has been in existence for over 60 years as a community resource providing support to those affected by someone else's drinking. Today, there are over 26,000 Al-Anon and Alateen groups meeting in 130 countries. Our meetings are anonymous and confidential. There are no dues or fees for membership.

AL-ANON'S SUGGESTED PREAMBLE TO THE TWELVE STEPS

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope in-order to solve their common problems. We believe alcoholism is a family illness, and that changed attitudes can aid recovery. Al-Anon is not allied with any sect, denomination, political entity, organization, or institution; does not engage in any controversy, neither endorses nor opposes any cause. There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions.

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by encouraging and understanding our alcoholic relatives, and by giving understanding and encouragement to the alcoholic.

Help is here for the asking. Please take a moment to ask yourself these questions: Are you troubled by someone else's drinking? Did you grow up with a problem drinker? If you identify with some of these statements, it is important to know that help and hope for friends and families of alcoholics is just a phone call away.

AL-ANON FAMILY GROUPS DISTRICT 8

PO BOX 6742
BOZEMAN, MT 59771

**24-HOUR INFOLINE:
406-599-8240**

Email: mtdistrict8@gmail.com

www.alanon-bozemanarea.org

District 8 Business Meetings are held on the 2nd Wednesday of each month at 7:30 PM. at the Fellowship Hall, 2165 Durston Road • Bozeman

2019 OFFICERS IN SERVICE:

DR	Position Open
Alt DR	Position Open
Secretary	Position Open
Treasurer	Position Open
Public Outreach	Jackie 539-8985
Archivist/Web Page	Serenity 209-1110
Alateen	Position Open
Infoline	Janet 580-8245
Event Coordinator	Kevin (406) 451-3893

- UPDATED January 2019 -

BOZEMAN

MONDAY

12:00 PM – Mon./Wed. Noon AI-Anon

Fellowship Hall
2165 Durston Road
Topic meeting/Handicap Access
Contact: Henry (406) 451-3461

TUESDAY

12:00 PM - Tuesday Noon Lunch Bunch

Christus Collegium
714 South 8th Ave. (Downstairs)
Contact: Eric (406) 570-1022 or
Maribeth (406) 223-6733

5:30 PM – New Leaf Women’s AI-Anon

WOMEN’S MEETING

Pilgrim Congregational Church
2118 South 3rd Ave.
Topic/Literature meeting/Handicap access
Contact: Pam (406) 595-3851

WOMEN’S BEGINNERS MEETING

5:30 PM – 2nd Tuesday of each month

New Leaf Women’s AI-Anon

Open to all women/Directed to newcomers
(Pilgrim Congregational Church Room #2)
Contact: Pam (406) 595-3851

WEDNESDAY

12:00 PM – Mon./Wed. Noon AI-Anon

Fellowship Hall
2165 Durston Road
Topic meeting/Handicap access
Contact: Henry (406) 451-3461

5:30PM – Common Ground AFG

Church of Christ
1825 West Kagy (at 19th)
Topic Meeting/ Handicap access
Contact: Katy O (406) 570-2493

7:30PM –Virtual Alateen Meeting

Chat.alateen.net
Meetings last one hour, and
are monitored by an adult
certified AI-Anon Member
Involved in Alateen Service

THURSDAY

7:00 PM – Bridger Mountain Rally Group

Christ The King Lutheran Church
4383 Durston Road
Call-up/Speaker/Literature meeting
Contact: Kenzie (406) 451-3252 or
Gia (406) 600-1196

FRIDAY

12:00 PM – Friday Noon AI-Anon

Hope Lutheran Church
2152 West Graf Street
Handicap access
Contact: Jenny T (406) 581-5612

SATURDAY

10:30 AM – Saturday Morning AI-Anon

Fellowship Hall
2165 Durston Road
Handicap Access
Contact: Kevin (406) 451-3893

BEGINNERS' MEETING

9:45-10:20 AM – 4th Saturday of each month (before regular meeting)

Room 5 at the Fellowship Hall
Contact: Kevin (406) 451-3893

SUNDAY

10:00 AM – Open AI-Anon Meditation

Fellowship Hall • Big Room on the right
2165 Durston Road
Handicap Access
Contact: Liz (406) 595-0991

11:00 AM – Boundary Up! AFG

Fellowship Hall • Big Room on the right
2165 Durston Road
Handicap Access
Contact: Timmie (406) 600-2203

BIG SKY

THURSDAY

4:00PM - Serenity Seekers of Big Sky

Big Sky Chapel, downstairs
Topic Meeting
Contact: Cindy (406) 579-6201

BELGRADE

TUESDAY

7:30 PM – Changed Attitudes AI-Anon

Belgrade Community Church
119 S. Broadway
Topic/Literature meeting
Contact: Carol 539-4856

GALLATIN GATEWAY

FRIDAY

7:00 PM – Gallatin Gateway AI-Anon

Gateway Community Church
77000 Gallatin Rd
Topic meeting • Handicap access
Contact: Henry (406) 451-3461

LIVINGSTON

MONDAY

5:30PM - Park County AI-Anon

Vince Grant Hall,
1306 East Park Street
12 Steps & 12 Traditions meeting
Contact: Sheila 223-4856

WEDNESDAY

5PM - Solutions For Living AFG

Vince Grant Hall,
1306 East Park Street
Contact: Sheila 223-4856

SATURDAY

10:30AM - Solutions For Living AFG

Vince Grant Hall,
1306 East Park Street
Contact: Bill (406) 223-4001

MANHATTAN

THURSDAY

7:00PM - Thursday Evening AI-Anon

Manhattan Senior Center Community Room
102 East Main Street
(Use Broadway entrance, downstairs)
Contact: Marvel (406) 548-8900