

BACKGROUND INFORMATION

Al-Anon

- is for families and friends of alcoholics
- is a separate fellowship from Alcoholics Anonymous (AA).
- Al-Anon is based on the Twelve Steps and Twelve Traditions adapted from AA
- Is compatible with professional treatment

Alateen

- Alateen is part of the Al-Anon fellowship designed for the younger relatives and friends of alcoholics through age nineteen
- Members conduct their own meetings with the guidance of an Al-Anon sponsor
- Follows the same Twelve Steps, Twelve Traditions, and principles as Al-Anon

Al-Anon/Alateen members are helped when they:

- Attend meetings on a regular basis
- Make telephone contact with other members
- Read Al-Anon/Alateen literature
- Have a sponsor
- Apply the Twelve Steps of the recovery to their lives
- Become involved in Al-Anon service work

Al-Anon/Alateen groups do not:

- Give advice
- Indulge in gossip or criticism
- Discuss members' religious beliefs, or lack of them
- Endorse or oppose any cause, therapy or treatment

STATEMENT OF PURPOSE

Al-Anon Family Groups, which includes Alateen, has been in existence for over 60 years as a community resource providing support to those affected by someone else's drinking. Today, there are over 26,000 Al-Anon and Alateen groups meeting in 130 countries. Our meetings are anonymous and confidential. There are no dues or fees for membership.

AL-ANON'S SUGGESTED PREAMBLE TO THE TWELVE STEPS

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope, in order to solve their common problems. We believe alcoholism is a family illness, and that changed attitudes can aid recovery.

Al-Anon is not allied with any sect, denomination, political entity, organization, or institution; does not engage in any controversy, neither endorses nor opposes any cause. There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions.

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by encouraging and understanding our alcoholic relatives, and by giving understanding and encouragement to the alcoholic.

Help is here for the asking. Please take a moment to ask yourself these questions: Are you troubled by someone else's drinking? Did you grow up with a problem drinker? If you identify with some of these statements, it is important to know that help and hope for friends and families of alcoholics is just a phone call away.

AL-ANON FAMILY GROUPS DISTRICT 8

PO BOX 6742
BOZEMAN, MT 59771

24-HOUR INFOLINE:
406-599-8240

Email: mtdistrict8@gmail.com
www.alanon-bozemanarea.org

District 8 Business Meetings are held on the 2nd Wednesday of each month at 7:30 PM. at the Fellowship Hall, 2165 Durston Road • Bozeman

2017 OFFICERS IN SERVICE:

DR	Katy O.	570-2493
Alt DR	Position Open	
Secretary	Kenzie	451-3252
Treasurer	Carol J.	539-4856
Public Outreach	Allison G.	580-2357
Archivist/Web Page	Jessica J.	579-6442
Alateen	Position Open	
Infoline	Maribeth	223-6733
Event Coordinator	Danielle	(413) 386-1889

- UPDATED SEPTEMBER 2017 -

BOZEMAN

MONDAY

12:00 PM – Mon./Wed. Noon AI-Anon

Fellowship Hall
2165 Durston Road
Topic meeting/Handicap Access
Contact: Henry 451-3461

TUESDAY

12:00- Tuesday Noon Lunch Bunch

Christus Collegium
714 South 8th Ave. (Downstairs)
Contact: Eric 570-1022

5:30 PM – New Leaf Women’s AI-Anon

WOMEN’S MEETING

Pilgrim Congregational Church
2118 South 3rd Ave.
Topic/Literature meeting/Handicap access
Contact: Jane Ellen 580-7711

WOMEN’S BEGINNERS MEETING

5:30PM – 2nd Tuesday of each month

New Leaf Women’s AI-Anon

Open to all women/Directed to newcomers
(Pilgrim Congregational Church Room #2)
Contact: Jane Ellen 580-7711

WEDNESDAY

12:00 PM – Mon./Wed. Noon AI-Anon

Fellowship Hall
2165 Durston Road
Topic meeting/Handicap access
Contact: Henry 451-3461

5:30PM –Common Ground AFG

Pilgrim Congregational Church
2118 South 3rd Ave
Topic Meeting/ Handicap access
Contact: Jaffe 539-9293

7:30PM –Virtual Alateen Meeting

Chat.alateen.net
Meetings last one hour, and
are monitored by an adult
certified AI-Anon Member
Involved in Alateen Service

THURSDAY

12:00 PM – Bozeman Downtowners AFG

Bozeman Hotel: 321 E. Main St.
(4th floor conference room)
Contact: Isaac 600-5024

7:00 PM – Bridger Mountain Rally Group

Christ The King Lutheran Church
4383 Durston Road
Call-up/Speaker/Literature meeting
Contact: Lori K. 580-6505

FRIDAY

12:00 PM – Friday Noon AI-Anon

Hope Lutheran Church
2152 West Graf Street
Handicap access
Contact: Jenny T. 581-5612

SATURDAY

10:30 AM – Saturday Morning AI-Anon

Fellowship Hall
2165 Durston Road
Babysitting Available • Handicap Access
Contact: Becky (970) 456-5491

BEGINNERS' MEETING

9:45-10:20 AM – 4th Saturday of

each month (before regular

meeting) Room 5 at the Fellowship Hall
Contact: Rick W. 539-1416

SUNDAY

11:00 AM – Boundary Up! AFG

Fellowship Hall • Big Room on the right
2165 Durston Road
Handicap Access
Contact: Jackie S. 539-8985

BELGRADE

TUESDAY

7:30 PM – Changed Attitudes AI-Anon

Belgrade Community Church
119 S. Broadway
Topic/Literature meeting
Contact: Carol 539-4856

GALLATIN GATEWAY

FRIDAY

7:00 PM – Gallatin Gateway AI-Anon

Gateway Community Church
77000 Gallatin Rd
Topic meeting • Handicap access
Contact: Leslie 581-3589

LIVINGSTON

MONDAY

5:30PM- Park County AI-Anon

Livingston Healthcare (the new hospital)
320 Alpenglow
12 Steps & 12 Traditions meeting
Contact: Holly 579-4235

WEDNESDAY

5PM- Solutions For Living AFG

Vince Grant Hall,
1306 East Park Street
Contact: Sheila 223-4856

MANHATTAN

THURSDAY

7:00PM- Thursday Evening AI-Anon

Manhattan Senior Center Community Room
102 East Main Street
(Use Broadway entrance, downstairs)
Contact: Marvel 548-8900